

# WARM-UP SUGGESTIONS

## DIGITAL PATTERNS

- WHILE MANY ARE LIKELY EASILY PLAYED, THESE ARE THE BUILDING BLOCKS FOR SUCCESSFUL IMPROVISATION.
  - ALL EXAMPLES ARE IN MAJOR, ALSO PRACTICE IN MINOR.
- THE CYCLE IS THE PROGRESSION USED, ALSO PRACTICE CHROMATICALLY (ASCENDING/DSCENDING), WHOLE STEPS AND DIMINISHED. SEE JAZZ SESSIONS PROGRESSIONS FOR EXAMPLES.
  - ALL SHOULD BE PLAYED FROM MEMORY AND AT VARIOUS TEMPOS.
- PRACTICE YOUR FULL INSTRUMENTAL RANGE AND CONSIDER STARING AT DIFFERENT PLACES WITHIN THE PROGRESSION.
  - PRACTICE WITH DRUMGENIUS OR A METRONOME AND PLAY WITH JAZZ ARTICULATION AND STYLE.
  - ALWAYS THINK OF INTONATION, YOUR TONE AND SOUND. YOUR SOUND IS YOUR IDENTITY.
  - LISTEN TO HOW THE MASTERS USE THESE AND LIKE BUILDING BLOCKS AND DEVELOP YOUR OWN.
    - ONLY A SUGGESTED BEGINNING.

### CYCLE

25

C F B $\flat$  E $\flat$  A $\flat$  D $\flat$  G $\flat$  B E A D G

THESE ARE ALL MAJOR, ALSO PRACTICE MINOR

1 C F B $\flat$  E $\flat$  A $\flat$  D $\flat$

2

3

4

CONTINUE THRU CYCLE

THESE ARE ALL MAJOR, ALSO PRACTICE MINOR

C

F

B $\flat$

E $\flat$

A $\flat$

D $\flat$

5

CONTINUE THRU CYCLE

6

7

79

85

91

97

103

108

